



DECLARATION 2020 IX AIAM5 GENERAL MEETING 26/11/2020

Within the framework of the 9th General Assembly of members of the Global Alliance to Promote Fruits and Vegetables Consumption "5 a day" ("AIAM5"), held virtually on November the 26th 2020, attending 35 representatives from 26 national and international entities as full and collaborative members, from 22 countries, agreed that:

WHEREAS the aims of AIAM5 are clearly aligned with the objectives of the United Nations for the International Year of Fruits and Vegetables (IYFV) of raising awareness on the nutritional and health benefits of fruit and vegetable consumption.

WHEREAS the observance of IYFV actions will be facilitated by the Food and Agriculture Organization of the United Nations (FAO), especially by:

- Raising awareness on the nutritional and health benefits of fruit and vegetable consumption, as well as advocate for healthy diets through increase in sustainable and safe production and value chain with special attention to smallholder farmers, who secure the livelihoods of millions of rural families around the world.
- Raising awareness to reduce loss and waste in the fruit and vegetable supply chain from production to consumption and strengthen the capacity-building of developing countries to adopt innovative approaches and technology in combating loss and waste of fruits and vegetables.

WHEREAS the IYFV is also expected to highlight the contributions of fruit and vegetable sectors towards achieving several Sustainable Development Goals, including:

- SDG 2: "End hunger, achieve food security and improved nutrition and promote sustainable agriculture".
- SDG 3: "Ensure healthy lives and promote well-being for all at all ages" and SDG 12: "Ensure sustainable consumption and production patterns".
- SDG 12 "Sustainable consumption and production patterns" and within this goal, Indicator 12.3 regarding global food loss and waste has been a matter of great interest for AIAM5 and its members

WHEREAS AIAM5 is willing to collaborate with FAO in the context of the IYFV throughout different actions, among others:

- Act as platforms that facilitate the establishment of synergies at regional and national levels to promote the consumption of fruits and vegetables.
- Disseminate content about the benefit that the consumption of fruits and vegetables provide to health and food systems in the world.
- Development of awareness and training materials that encourage the consumption and demand of fruits and vegetables.
- Participate in joint activities to raise awareness, exchange knowledge and guidance to interested parties and policy makers who participate in food systems in countries where AIAM5 is represented.





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- Support and promote the initiatives of AIAM5 partners, for the development and implementation of specific projects / programs and / or strategies.
- Disseminate the work carried out in relation to the International Year of Fruits and Vegetables, as well to production and / or consumption of fruits and vegetables, in all their platforms (social networks, websites, etc.)

WHEREAS the IYFV will correspond to a very particular period, which unfortunately will not be post COVID-19 and as a consequence the health and economic issue have become of the utmost relevance which have caused to highlight aspects of F&V such as:

- Fruits and vegetables as source of key nutrients.
- Healthy eating and immunity.
- The F&V sector and supply chains response to the pandemic

WHEREAS fruit and vegetables are part of the recommendations of healthy eating and nutrition guides worldwide, and are specially enhanced during the COVID-19 pandemic, due their unique nutrient profile

DECLARE THAT:

- 1. AIAM5 members support the declaration in the 74th Session of the United Nations General Assembly of year 2021 as the International Year of Fruit and Vegetables (IYFV).**
- 2. Amidst the COVID-19 pandemic, F&V play a very relevant role in this regard, as they improved nutrition and health status due to its content in vitamins, minerals, fiber and phytochemicals, acting as protection factors for NCD and as cornerstone of the immune function**
- 3. AIAM5 is committed and willing to work eagerly to help their member to facilitate those countries where they operate to achieve the goals of the IYFV expected to have an impact in reducing hunger and poverty, enhancing food and nutrition security, improving livelihoods, and contributing to better natural resource management for a healthier and more sustainable food systems**

AGREEMENT OF THE IX AIAM5 GENERAL MEETING. NOVEMBER 26TH, 2020.

IN WITNESS WHEREOF, THE DULY REPRESENTATIVES OF THE AIAM5 MEMBERS WHO ATTENDED THE GENERAL MEETING, AFFIX THEIR SIGNATURES BELOW



INTERNATIONAL YEAR OF
FRUITS AND VEGETABLES
2021





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Nuria Martinez
Asociación para la Promoción del
Consumo de Frutas y Hortalizas
"5 al día". Spain

Alfredo Moises
Fundación 5xDía, A.C. Mexico

Adriana Senior
Corporación Colombia Internacional -
5 al día Colombia

Manuel Moïno
AIAM5-Global Alliance to promote fruit and
vegetables consumption "5 a day"

Alejandra Domper
Corporación 5 al día Chile

CECILIA
GAMBOA
CERDA
(FIRMA)

Firmado
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CECILIA GAMBOA
CERDA (FIRMA)
Fecha: 2020.12.01
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Cecilia Gamboa
Red 5 al día Costa Rica

Maria Soledad Tapia
Fundación 5 al día Venezuela

Barbara Groele
Polish Association of Juice Producers (KUPS),
5 a day Poland

Carlos Otrino
Federación Nacional de Operadores de
Mercados Frutihortícolas; (FENAOMFRA)
Argentina.

Bruna Pitasi
Ministério da Saúde, Instituto Nacional de Câncer
(INCA), Brasil

Joana Neves
Associação 5 ao Dia, Portugal

P/O Louis Orenge

Louis Orenge / Delphine Tailliez
Agency for Research and Information on Fruit
and Vegetables (APRIFEL), France






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CIPROS
Guadalupe Vardez
Centro de Investigación y Promoción Social
Promoción Social. Programa 5 al día
República Dominicana


Jyrki Jalkanen
Finnish Glasshouse Growers' Association. Finland


Krysty Meza
Instituto de Investigación en Nutrición.
"5 al día" Perú.



María Caballero
FruitVegetablesEUROPE (EUCOFEL)

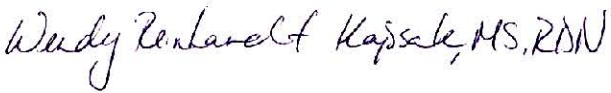

Pauline Panegos
Assembly of European Fruit, Vegetable and
Horticultural Regions (AREFLH)



Mariano Winograd
5 al día Argentina


Nicola Pisano
European Fresh Produce Association
(FRESHFEL EUROPE)


Sergio Carballo
Movimiento Agro, Educación & Salud (MAES) A.C.
5 al día Uruguay


Sue Lewis
Canadian Produce Marketing Association
CPMA - Half your Plate Canada


Wendy Reinhardt Kapsak, MS, RDN
Wendy Reinhardt Kapsak, MS, RDN
Produce for Better Health Foundation (PBH)
Have A Plant@-Fruits & Veggies for Better Health


Paula Alvarado
Asociación 5 al día Nicaragua


Marita Chavez
Bridge of Peace Inc. Programa 5 al día Honduras



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OTHER REPRESENTATIVES OF AIAM5 MEMBERS WHO ATTENDED THE GENERAL MEETING,

- **Elin Windfäl** - LRF Trädgård - Federation of Swedish Frames/Horticulture. Sweden
- **Helmut Oberritter** - 5 am Tag e.V. Germany
- **Gabriele Russo** - UNAPROA – Unione Nazionale tra le Organizzazioni di Produttori Ortofrutticoli Agrumari e di Frutta in Guscio -5 colori del benessere. Italy

THOSE AIAM5 MEMBERS WHO EXCUSSED ATTENDING THE MEETING, GIVE THEIR SUPPORT TO THE DECLARATION AGREED, IN WITNESS WHEREOF, AFFIX THEIR SIGNATURES BELOW

Natalie Rios
Instituto de Nutrición y Ciencias de la Salud. 5
al día Paraguay

Paula Dudley
5+ A Day Charitable Trust. New Zealand

Juan Jose Estrada
5 al día Bolivia

Manuel Mazariegos Fernández
Instituto de la Nutrición de Centroamérica y Panamá
INCAP (Sede Central Guatemala)

Stéphane Layani
World Union of Wholesale Markets
(WUWM)

Roberta Trimokaitė Behrens
Asociacija "Baltijos ūkis ir verslas"
5 a day Lithuania

Consuelo Macias
Instituto Nacional de Higiene, Epidemiología
y Microbiología. Centro de Nutrición e
Higiene de los Alimentos, Cuba.

Guttorm Rebnes
Norwegian Fruit and Vegetable Marketing
Board. 5 om dagen. Norway

